

# NOVALIS BRANCH INC.

## ANTHROPOSOPHICAL SOCIETY IN AUSTRALIA

### CALENDAR OF EVENTS FEBRUARY - APRIL 2026

#### WEEKLY CLASSES:

**Mondays 10:30 - 11:30**

**SPEECHFORMATION & DRAMATIC ART** - IRIS CURTEIS

Urunga Neighbourhood Centre 34 Bonville St, Urunga, by donation

**Mondays 11:30 - 12:30**

**SOCIAL EURYTHMY** - IRMHILD KLEINHENZ

Urunga Neighbourhood Centre 34 Bonville St, Urunga, by donation

**Second Tuesday 3:30 - 5:30**

**WORKING WITH THE SUN MYSTERIES** - FRAN'S STUDY GROUP

Contact: Martin Frank 0402179449

41 Osprey Drive, Urunga

**Wednesdays 9:15 - 10:30**

**PAINTING THE WALDORF CURRICULUM** - CHARLOTTE ROGERS

195 North Bank Road, Bellingen

temporarily postponed due to road closure

**OBERUFERER MEDIEVAL CHRISTIAN MYSTERY PLAYS** - IRIS CURTEIS

The plays now known as the Oberuferer Christmas Plays stem from ancient folklore performed during festive seasons in the Middle Ages. Those who initially cultivated these plays were probably of Alemannic origin. The three Plays: Paradis Play, Christ Birth Play, Three Kings Play, form a triptych. Rudolf Steiner was introduced to them by his teacher and friend, Karl Julius Schröer, who encountered them on his travels. Schröer, a scholar in folklore, was so impressed, he approached those who still carried this tradition and taught others and asked them to recall what their teachers or those who were fellow players still held in their memories. What they told him was something that is truly centuries-old, sacred property. This folklore has been preserved through word of mouth until the 1850s and, through Rudolf Steiner, enthusiastically incorporated into Anthroposophical 'cultural tradition'.

I will offer an introduction and overview and I warmly invite those of you who would like to be part of a performance of these plays to join me in.

**Introduction via zoom 3<sup>rd</sup> May 1:00 pm - 2:30 pm please email for zoom link**

**an\_lomall@bigpond.com**

**Wednesdays 4:00 - 5:30**

**NOVALIS BRANCH STUDY GROUP: BECOMING ANTHROPOSOPHIA**

Facilitator Iris Curteis Anthroposophy is not 'wisdom of man' correctly understood it means: the consciousness of one's humanity [Stener, GA 257 13.02. 1923] 'When spiritual life awakens in our soul a new faculty of perceiving and experiencing other people will unfold.' [GA 260a 'Letter to Members' 18.05.1924] Inquiries: an\_lomall@bigpond.com

# NOVA BRANCH INC. ANTHROPOSOPHICAL SOCIETY IN AUSTRALIA CALENDAR OF EVENTS FEBRUARY - APRIL 2026

## Weekly Classes continued

### **Fridays 4.30 pm to 5pm**

**Reading to Souls Across the Threshold** - Shelley Frank & Irmhild Kleinhenz,  
Urunga Neighbourhood Centre

"... by reading to the dead. We can perform the greatest service to a dead person by forming a picture of him in our soul and softly reading a work of spiritual science to them, instruction as it were..... This enables us to bridge the abyss that separates us from the dead. It is not only in extreme cases that we can help the dead in this way."

Steiner: 'Life Between Death and Rebirth', Lecture held 27 Apr 1913

### **5:00 - 6:00 Meditation** - Irmhild Kleinhenz

Neighbourhood Centre 34 Bonville St, Urunga

Exploring Steiner's meditation methods as occult remedy and practice to strengthen our inner life, including breath exercises and mantras we can practice morning and evening to awaken cosmic thinking, cosmic soul and cosmic will. A 'path of schooling' can give us the tools we seek and support us to mature the necessary spiritual forces to transform the growing challenges to future health and wellbeing of the earth and humanity. If you wish to participate, or need more information, please contact Irmhild 0444 551 381 [irmhild@protonmail.com](mailto:irmhild@protonmail.com)

## Monthly Classes, Groups & Activities

### **Third Sunday Storytelling 3:00 - 5:00**

A monthly storytelling for Adults. These stories and the following conversations are not suitable for children. For those interested in building storytelling skills, I will outline an introductory course for Storytelling. Contact [an\\_lomall@bigpond.com](mailto:an_lomall@bigpond.com)

### **THE MONTHLY TALKS - [DATES AND VENUES TBA]**

New initiative; once a month we will offer an inspiring talk/conversation on current topics and global issues like biodiversity, education, health, innovation and building new futures, being human, ethical individualism / unitarianism, community, biodynamics, the arts, consciousness.

### **Demystification of the Illness of Leprosy**

Charlotte Rogers - Art therapist, Anthroposophical Nurse, Hauschka Rhythmic Massage Therapist - will speak to her experience of working with Leprosy patients in Nepal and offer insights that will demystify and overcome prejudice.

### **Creating a Space for Genuine Collaborative Decision-making**

Iris Curteis - Storyteller, Speech Artist, Social Artist - will introduce you to the idea of 'majority consensus' as one possible way to work in groups and communities in a process of respectful and democratic decision making, mature and strong enough to provide space for dissent.

### **Non-Violent Communication & The Consciousness Soul**

Martin Frank - has a background in Biodynamics and teaching and a special interest in social development and the evolution/development of consciousness - will offer an introduction to the psychological theory behind Non Violent Communication (NVC) may be understood as an 'artifact' of the development of 'consciousness soul', which can be linked to the path of personal spiritual development indicated by Rudolf Steiner.

# NOVAEIS BRANCH INC. ANTHROPOSOPHICAL SOCIETY IN AUSTRALIA CALENDAR OF EVENTS JULY - DECEMBER 2025

## Monthly Classes, Groups & Activities continued

### **Working with the Subsidiary Exercises - General Research Group - Phil Ingelmo**

**12 April, Urunga Community centre**

For many years I have made a more-or-less consistent practice of the Subsidiary (Supplementary) Exercises – Control of thinking, willing, feeling, and so on. I have found that in the moments when I am able to lift myself up out of the usual, every-day kind of consciousness, something quite novel and intimate (a picture, concept, understanding, feeling, etc.) reveals itself to me out of the phenomena that I am meeting, that previously I had not experienced or known. The intentional and fully-conscious application of, and living- within, the Subsidiary Exercises can become a methodology for the observation of phenomena.

## Talks; Presentations; Workshops & Seminars:

### **Felting Workshop - Lana Risi**

further info to be advised

### **The Magic of Water Workshop - Philip Sedgeman**

**June** further info coming

### **Creative Writing Workshop: Our voices tell our stories - Iris Curteis**

One-day seminar exploring the unique and powerful immediacy our individual human voice creates when we tell our stories, family and community stories, oral histories, national historic narratives and counter narratives that create a fuller spectrum of voices, inclusivity, respect, truth and possibilities of reconciliation. Sharing our experiences, weaving our memories, transmitting storied knowing between generations, are an act of wisdom-sharing and relationship building to place, culture, kith and kin, where narrative voice of the teller is as vital as the content being told. This workshop will develop your creative writing skills, style and aspects of plot development, and characterisation.

July

Contact [an\\_lomall@bigpond.com](mailto:an_lomall@bigpond.com); Cost: \$60

### **HIDDEN GEMS / THE PHILOSOPHER'S STONE; HERMETICISM "AS ABOVE SO BELOW" - FINDING INSPIRATION TO IGNITE IMAGINATION AND INTUITION IN OUR SOULS -**

Irmhild Kleinhenz

A presentation and demonstrate of the imponderables [alchemical experiments] to deepen our experience of and relationship to the mystical Chymical Wedding. .

Neighbourhood House, Urunga.

August

Contact Irmhild 0444 551 381, [irmhild@pm.me](mailto:irmhild@pm.me)

# NOVALIS BRANCH INC.

## ANTHROPOSOPHICAL SOCIETY IN AUSTRALIA

### CALENDAR OF EVENTS JULY - DECEMBER 2025

#### AFFILIATED ACTIVITIES

Northern Rivers Branch Saturday, 14th of February, 2.00pm - 4.00pm

Place: South Golden Beach Hall Cost: \$10

#### SPEAKING TO THE STARS

Fiona encountered Anthroposophy as a practising Naturopath. She developed an interest in Astrology and Astrosophy through Anthroposophy. Fiona will offer the first monthly February session, a brief introduction to Astrosophy, (Star Wisdom) and the difference in the two zodiacs, Tropical and Sidereal. Contemplations and imaginative explorations will be offered through creative writing led by Annie Barrett, counsellor and writer, who facilitates creative writing for wellbeing with individuals and groups, where trusting the pen on the page is like a deep listening process.

Monthly Activities Northern Rivers Branch of the Anthroposophical Society in Australia:  
South Golden Beach Hall at 2.00pm-4.00pm.

#### SONGS FROM THE REALM OF LIGHT

is an initiative designed to bring together anyone in our community with an interest in Rudolf Steiner's work. We encourage presenters to explore contemporary topics of both personal interest and wider relevance based on their own personal research and investigation. All presentations have a creative, interactive or artistic dimension.

Although we have aimed for the third Saturday of the month, however due to prior bookings, February and March presentations will fall on the second Saturday and after that revert to the third Thursday. The hall will be open at 1.45 and all sessions will begin promptly at 2.00 and run between for two hours. Below is a draft plan for the year - some sessions may change:

- February 14 - Fiona Maunder: Speaking to the Stars
- March 14 - Deirdre Korobacz: Motifs: Images Between Darkness and Light. Exploring the Plant Motif through Colour.
- April 18 - TBA
- May 16 - Riana Vanderbyl: The Living Word - Speech and Drama
- June 20 - Beverley Clarke: Working with Charcoal
- July 18 - Sue Gould: Life Movement - Eurythmy and our sense of movement.
- August 15 - Konrad Korobacz
- September 19 - Michael Lester
- October 17- Iris Curteis: Storytelling and Liminal Space.
- November 21 - Gillian Rogers: Steiner's Christology
- December 19th - Group Exhibition: Creative and Artistic expression (painting, sculpture, drawing, poetry, spoken word, music, song).

We look forward to meeting you or hearing from you if you have questions or suggestions.

Warm regards,

Gillian (on behalf of the organising support group).

rogersgillian235@gmail.com

# NOUVELIS BRANCH INC.

## ANTHROPOSOPHICAL SOCIETY IN AUSTRALIA

### CALENDAR OF EVENTS FEBRUARY - APRIL 2026

#### ONLINE COURSES & TALKS

##### **TELLING THE DIFFERENCE, THE ORAL ART OF TELLING MYTHS, LEGENDS & SAGA, PARABLES, FABLES, & FOLKTALES - IRIS CURTEIS**

Myths, Legends, Sagas, Parables, Fables, & Folktales are often lumped together or confused. They really are very different; they have different relationships to what we could call the sacred-spiritual, they have different social functions, & they require different 'ways of telling'. This five-part online course is about getting to know these differences & building practical skills so you can confidently 'tell the difference' when you are telling a story. Whether you use storytelling in child or adult education, parenting, community building, social justice, aged care, caregiving, or are looking for creative ways to explore your cultural roots, this course will develop storytelling skills, inspire cultural insights and provide a clear, practical introduction to 'liminal space', the importance of story openings & closings, why we need them, & how they work.

Inquiries and pre-bookings: [iris@storyvisionsource.com](mailto:iris@storyvisionsource.com)

##### **INTRODUCTORY COURSE ON ANTHROPOSOPHIC NATUROPATHY 2025 - IRMHILD KLEINHENZ ANTHROPOSOPHIC NATUROPATHIC SPECIALIST**

This series of ten pre-recorded sessions introduces different aspects of anthroposophic Naturopathy. The intention is to give insight into the fundamentals of Anthroposophical Naturopathy. It is open to professionals, students and all interested in learning about the principles underlying the prescribing of anthroposophic medicines and therapies.

Why Anthroposophic Naturopathy?

We live in times that require us to find therapeutic ways of supporting each other in times of health, by introducing genuine prophylactic measures, and also during the crisis of illness, when direct common sense home care and traditional methods of healing can have a profound effect during the convalescent period and recovery, as well as in building up stronger resistance to illness.

ANTHROPOSOPHIC NATUROPATHY and other anthroposophic prescribing modalities can offer a living, dynamic possibility to work with illness out of a spiritual scientific understanding and thereby provide remedies and remedial support that work into the deeper nature of being human in freedom. This means to embrace a humanistic approach and to develop inspired cognition in the practice of the art and science of healing.

Every therapy in a body of human-centred medicine must strive to do justice to the total human being - physical body, etheric body, astral body and ego including the nine-fold human being.

For further information and to access the Course please contact: [anthroposophicnaturopaths.org](http://anthroposophicnaturopaths.org)

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## CONTACTS & RESOURCES

### **School of Spiritual Science**

First Class held:

1<sup>st</sup> Sunday - Reading, Lana Risi [alternating], Coffs Harbour 0402 804 335

3<sup>rd</sup> Sunday - Free Rendering, Irmhild Kleinhenz, Bellingen 0444 551 381

1<sup>st</sup> Sunday - Class in Conversation, Iris Curteis [alternating], Dorrigo 0487 719 476

### **Local Steiner Schools**

Casuarina School for Rudolf Steiner Education, Coffs Harbour: (02) 6651 2770

Chrysalis School, Thora [via Bellingen]: (02) 6655 8616

Armidale Waldorf School Ltd., Armidale: (02) 6772 8876

### **Human Resources**

Art Therapy - Charlotte Rogers 0402 469 699

Speechformation & Storytelling - Iris Curteis 0487 719 476

Hauschka Massage - Charlotte Rogers 0402 469 699; Shelley Frank 0435 814 956

Anthroposophic Homecare - Catherine Worthington 0435 819 952

Anthroposophic Naturopath Mentor & Tutor, (ISAN) - Irmhild Kleinhenz [naturosophy@protonmail.com](mailto:naturosophy@protonmail.com)

Steiner Early Childhood Mentoring - Lana Risi (SECA) 0402 804 335

Biodynamics - Hamish Mackay 0412 862 823;

Biodynamics, Garden Design, Consultations - Kathy Taylor-Gosset [katherine\\_gosset@hotmail.com](mailto:katherine_gosset@hotmail.com)

Architecture - Bronwyn Bellemore 0423 388 625